Instructions for Completing Dr. Whiting's Oxy Oral Detox

www.candidaclinic.org

For any questions call  1-888-454-8464 -Ask For Dr. Whiting

1. Begin by taking one ounce of the Aloe Vera Oral Detox three times per day on an empty stomach, 30 minutes before eating or drinking. Do this for two weeks.

2. After 2 weeks increase the Oxygenated Aloe to two ounces three times per day, also on an empty stomach. Continue this dose until the remaining product in your kit is gone.(4 to 5 weeks)

3. Once the liquid oxygen is finished, begin taking 2 tablets of the probiotic supplied with your kit twice per day for 10 days.

This completes one cycle and will assist the body in eliminating yeast and Candida activity. It will also help to provide a general detoxification of the soft tissues of the body. Once completed contact our offices for a follow up and to determine if a second cycle may be necessary, depending on the severity of your issues.

Note: While diet has virtually nothing to do with this problem because once it is systemic, it will not eliminate it, we suggest that you avoid concentrated sugars and refined carbohydrates as these foods to excess, can suppress the immune system, possibly making your symptoms temporarily worse.

Note: The formulas that Dr. Whiting refers to in this protocol may be obtained from Phoenix Nutritionals 1-800-440-2390 or at www.phoenixnutritionals.com They are:

LiquiDaily  Aloe Vera Oral Detox
The Best Probiotic

Both of these are part of their Oxy Flush Kit, which you will need to complete the above Detox Program